

**St Albans Striders Club Championships 2018/2019**  
**Women's standings**

**ST ALBANS  
STRIDERS**

| Position | Member               | 50 for 1st Strider, 49 for 2nd Strider etc. to 30 points |                       |                             |                             |                    |                           |                               |                             |                          | 20 points,<br>up to 6<br>races | 20 points<br>(Stampede<br>30), up to 3<br>events | 10 points<br>Mid Week<br>bonus | Total |
|----------|----------------------|--|-----------------------|-----------------------------|-----------------------------|--------------------|---------------------------|-------------------------------|-----------------------------|--------------------------|--------------------------------|--|--------------------------------|-------|
|          |                      | Hatfield 5<br>(25 Nov)                                   | Keysoe XC<br>(13 Jan) | Parliament Hill<br>(26 Jan) | Berkhamsted HM<br>(3 March) | MWRRL TBC<br>(TBC) | St Albans 10k<br>(August) | Great Bristol HM<br>(15 Sept) | Standalone 10k<br>(October) | Other<br>champs<br>races | Race<br>volunteer              | Mid Week   |                                |       |
| 1        | Wendy Walsh          | 48   | 49                    | 50                          |                             |                    |                           |                               |                             | 100                      | 20                             | 0  | 267                            |       |
| 2        | Jen Conway           | 50   | 50                    |                             |                             |                    |                           |                               |                             | 100                      | 20                             | 0  | 220                            |       |
| 3        | Ruth Kent            | 42   | 45                    | 46                          |                             |                    |                           |                               |                             | 60                       | 20                             | 0  | 213                            |       |
| 4        | Deirdre Heydecke     |  | 42                    | 45                          |                             |                    |                           |                               |                             | 100                      | 20                             | 0  | 207                            |       |
| 5        | Katie Bunting        | 31   | 40                    | 79                          |                             |                    |                           |                               |                             | 20                       | 20                             | 0  | 190                            |       |
| 6        | Deborah Steer        | 46   | 47                    | 44                          |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 157                            |       |
| 7        | Mandy Attree         |  | 44                    | 49                          |                             |                    |                           |                               |                             | 60                       | 0                              | 0  | 153                            |       |
| 8        | Nicky Laitner        | 44   | 46                    | 48                          |                             |                    |                           |                               |                             | 0                        | 0                              | 0  | 138                            |       |
| 9        | Magdalena Petrus     | 33   |                       | 40                          |                             |                    |                           |                               |                             | 40                       | 20                             | 0  | 133                            |       |
| 9        | Zoe Lowe             | 45   | 48                    |                             |                             |                    |                           |                               |                             | 40                       | 0                              | 0  | 133                            |       |
| 11       | Lucy Stern           |  | 39                    | 38                          |                             |                    |                           |                               |                             | 40                       | 0                              | 0  | 117                            |       |
| 12       | Denise Tinant        | 30   |                       |                             |                             |                    |                           |                               |                             | 60                       | 20                             | 0  | 110                            |       |
| 13       | Claire Hobson        | 41   |                       | 47                          |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 108                            |       |
| 14       | Rachel Aldridge      | 30   |                       |                             |                             |                    |                           |                               |                             | 40                       | 20                             | 0  | 90                             |       |
| 14       | Sue Edwards          | 30   |                       |                             |                             |                    |                           |                               |                             | 20                       | 40                             | 0  | 90                             |       |
| 16       | Jenny Maddocks       | 49   |                       |                             |                             |                    |                           |                               |                             | 20                       | 20                             | 0  | 89                             |       |
| 17       | Helen Cartlidge      | 47   |                       |                             |                             |                    |                           |                               |                             | 40                       | 0                              | 0  | 87                             |       |
| 18       | Ellen Mayes          | 43   | 43                    |                             |                             |                    |                           |                               |                             | 0                        | 0                              | 0  | 86                             |       |
| 19       | Carole Jack          |  | 41                    |                             |                             |                    |                           |                               |                             | 20                       | 20                             | 0  | 81                             |       |
| 20       | Kate Burn            | 40   |                       |                             |                             |                    |                           |                               |                             | 0                        | 40                             | 0  | 80                             |       |
| 21       | christine pout       | 38   |                       |                             |                             |                    |                           |                               |                             | 40                       | 0                              | 0  | 78                             |       |
| 22       | Amy Heap             | 32   |                       |                             |                             |                    |                           |                               |                             | 0                        | 40                             | 0  | 72                             |       |
| 23       | Diane Hunt           | 30   |                       |                             |                             |                    |                           |                               |                             | 40                       | 0                              | 0  | 70                             |       |
| 23       | Emma Hosty           | 30   |                       |                             |                             |                    |                           |                               |                             | 20                       | 20                             | 0  | 70                             |       |
| 23       | Joanne Tang          | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 40                             | 0  | 70                             |       |
| 23       | Katie Chilton        | 30   |                       |                             |                             |                    |                           |                               |                             | 20                       | 20                             | 0  | 70                             |       |
| 27       | Julianne Nightingale |  |                       | 43                          |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 63                             |       |
| 28       | Jennifer Johnston    |  |                       | 42                          |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 62                             |       |
| 29       | Anna Anders          |  |                       | 41                          |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 61                             |       |
| 30       | Linda Cassidy        |  |                       |                             |                             |                    |                           |                               |                             | 20                       | 40                             | 0  | 60                             |       |
| 31       | Nicola Towers        |  | 38                    |                             |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 58                             |       |
| 32       | Allie Park-Crowne    | 37   |                       |                             |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 57                             |       |
| 33       | Kate Tettmar         | 35   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 55                             |       |
| 34       | Anne-Marie Bullivant | 30   |                       |                             |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 50                             |       |
| 34       | Charlotte Holloway   | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 50                             |       |
| 34       | Isla Hopkins         | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 50                             |       |
| 34       | jean webb            | 30   |                       |                             |                             |                    |                           |                               |                             | 20                       | 0                              | 0  | 50                             |       |
| 34       | Jenna Pickering      | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 50                             |       |
| 34       | Jo Puttock           | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 50                             |       |
| 34       | Julie Curtis         | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 50                             |       |
| 34       | Roisin Marrett       | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 50                             |       |
| 34       | Sandra Vucevic       | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 50                             |       |
| 34       | Tanya Wallman        | 30   |                       |                             |                             |                    |                           |                               |                             | 0                        | 20                             | 0  | 50                             |       |
| 44       | Alison Campbell      |  |                       |                             |                             |                    |                           |                               |                             | 0                        | 40                             | 0  | 40                             |       |
| 44       | Christine McIntyre   |  |                       |                             |                             |                    |                           |                               |                             | 0                        | 40                             | 0  | 40                             |       |
| 44       | Clair Drage          |  |                       |                             |                             |                    |                           |                               |                             | 0                        | 40                             | 0  | 40                             |       |
| 44       | Clare Stephen        |  |                       |                             |                             |                    |                           |                               |                             | 20                       | 20                             | 0  | 40                             |       |
| 44       | Hannah Prentice      |  |                       |                             |                             |                    |                           |                               |                             | 0                        | 40                             | 0  | 40                             |       |
| 44       | Helen Hawthorne      |  |                       |                             |                             |                    |                           |                               |                             | 20                       | 20                             | 0  | 40                             |       |

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| 44       | Michelle Martin        |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 40   | 0                              | 40    |
| 51       | Kyla Murphy            | 39   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 39    |
| 52       | Beverly Sullivan       | 36   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 36    |
| 53       | Veronica Bodell        | 34   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 34    |
| 54       | Binh Tang              | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Dawn Robson            | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Denise MORGAN          | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Helen Giffen           | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Jennifer Blissett      | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Jessica Macgregor      | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Julie Manson           | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Linda Powell           | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Lizzy Steer            | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 54       | Nicki Francis          | 30   |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 0  | 0                              | 30    |
| 64       | Alice Cilverd          |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Bernadette Newby       |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Carolyn Martin         |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Claire Kremer          |  |                       |                             |                             |                    |                           |                               |                             |                          | 20                             | 0  | 0                              | 20    |
| 64       | Donna Irwin            |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Eileen Sindole         |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Emma Halldearn         |  |                       |                             |                             |                    |                           |                               |                             |                          | 20                             | 0  | 0                              | 20    |
| 64       | Gemma Searle           |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Gillian Jubb           |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Katherine Caris-Harris |  |                       |                             |                             |                    |                           |                               |                             |                          | 20                             | 0  | 0                              | 20    |
| 64       | Laura Astley           |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Laura Hussey           |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Philippa Walton        |  |                       |                             |                             |                    |                           |                               |                             |                          | 20                             | 0  | 0                              | 20    |
| 64       | Rose McGinness         |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Scout Newby            |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Sheryl Norman          |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Suzanne Mucci          |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |
| 64       | Tessa Osborn           |  |                       |                             |                             |                    |                           |                               |                             |                          | 0                              | 20   | 0                              | 20    |