

St Albans Striders Age-Graded Competition 2017/2018

Men's standings

ST ALBANS
STRIDERS

Position	Member	Cat	Overall	Race 1 Hatfield 5		Race 2 Watford HM		Race 3 Chingford MWRRL		Race 4 Westminster Mile		Race 5 Welwyn 10k		Race 6 Robin Hood HM		Race 7 Ricky Road Run	
				Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade
	Jonathan Scott	MV40	83.14%	00:27:10	83.14%												
	Paul Adams	MSEN	81.72%	00:26:20	82.79%	01:13:15	80.66%										
	Graham Smith	MV40	79.76%	00:28:59	79.76%												
	Phillip Evans	MSEN	78.86%	00:27:30	78.86%												
	Robert Spencer	MSEN	78.66%	00:27:06	78.66%												
	Andy Auld	MV40	78.64%	00:29:52	78.64%												
	Colin Braybrook	MV50	75.98%	00:32:38	77.53%	01:32:21	74.42%										
	Graham Foster	MV50	75.23%			01:32:12	75.23%										
	Nigel Aston	MV50	75.14%	00:32:04	75.65%	01:28:50	74.63%										
	Steve Smith	MV50	74.56%			01:31:21	74.56%										
	Errol Maginley	MV50	74.38%	00:31:41	77.21%	01:32:40	71.55%										
	Simon Fraser	MSEN	74.29%			01:18:36	74.29%										
	Simon Fraser	MSEN	74.29%			01:18:36	74.29%										
	Jon Reilly	MSEN	73.69%	00:29:01	73.69%												
	Tim Searle	MSEN	72.91%	00:30:17	72.91%												
	Jim King	MV40	71.39%			01:27:28	71.39%										
	Pablo PlazaLastras	MV40	70.89%	00:29:57	74.28%	01:28:57	67.49%										
	Michael Martin	MSEN	70.74%	00:30:24	70.74%												
	Cameron Clark	MSEN	70.71%	00:30:24	70.71%												
	Mike Lancaster	MSEN	70.57%			01:23:43	70.57%										
	Gwynfor Tyley	MV40	70.54%			01:31:34	70.54%										
	Alex Johnston	MSEN	70.17%			01:23:12	70.17%										
	Edward Bailey	MV40	70.08%			01:28:22	70.08%										
	Ian Hirth	MV40	69.94%	00:32:03	69.94%												
	Stuart Clark	MV40	69.30%	00:32:06	69.30%												
	Gareth Beavis	MSEN	68.98%	00:29:55	71.88%	01:28:36	66.07%										
	Daniel Langton	MSEN	68.95%	00:31:37	68.95%												
	Douglas Hobson	MSEN	68.38%			01:25:23	68.38%										
	Alastair Green	MV50	68.24%			01:37:09	68.24%										
	Mark Travers	MV50	67.48%	00:36:52	67.48%												
	Colin Egleton	MV60	66.85%	00:43:05	66.85%												
	Robin Newby	MV40	66.78%			01:35:54	66.78%										
	Richard Todd	MV50	66.77%			01:40:11	66.77%										
	Stuart Middleton	MV40	65.95%	00:35:20	65.43%	01:33:56	66.47%										
	Richard Olney	MV50	65.27%	00:36:09	66.56%	01:41:51	63.97%										
	Chris Davies	MV50	64.74%			01:41:31	64.74%										
	Richard Derrick	MV60	63.63%	00:40:02	66.04%	01:58:47	61.22%										
	Jay A'Court	MV40	63.43%			01:35:18	63.43%										
	Jamie Sinclair	MSEN	63.34%	00:32:35	65.42%	01:35:19	61.25%										
	Jonathan White	MSEN	63.32%	00:32:30	67.08%	01:39:12	59.56%										
	Paul Earnshaw	MV60	63.04%			01:52:07	63.04%										

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				Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade	Time	Age Grade
	Roger Sant	MV50	62.51%	00:38:11	62.51%												
	Calum Latham	MSEN	62.46%	00:33:06	65.22%	01:38:35	59.70%										
	Russell Sessions	MSEN	61.55%			01:35:59	61.55%										
	Matthew Childs	MSEN	61.09%	00:36:07	59.54%	01:33:28	62.63%										
	Howard Bull	MSEN	60.99%	00:35:09	60.99%												
	Anthony Bunker	MV40	59.81%			01:42:41	59.81%										
	Spencer Grant	MV40	59.68%	00:36:48	61.85%	01:47:40	57.52%										
	David Jackson	MV50	58.93%	00:39:38	61.21%	01:56:00	56.65%										
	Richard Evans	MSEN	58.56%	00:38:28	55.90%	01:35:38	61.21%										
	James Harrison	MSEN	58.51%			01:39:47	58.51%										
	Martin Medforth	MV50	58.31%	00:44:09	58.31%												
	Michael Jack	MV50	58.18%			02:00:20	58.18%										
	Adam Wallace	MSEN	57.81%			01:42:40	57.81%										
	Richard Vaughan	MSEN	57.09%			01:42:23	57.09%										
	Mike Dando	MV40	57.08%			01:48:29	57.08%										
	Ben Scott	MSEN	56.68%			01:43:02	56.68%										
	Scott Mayes	MSEN	56.52%			01:45:35	56.52%										
	Chris Barr	MSEN	55.61%	00:38:27	55.61%												
	Andrew Tickner	MSEN	54.57%			01:47:31	54.57%										
	Duncan Melsom	MV40	53.29%			01:58:09	53.29%										
	Edward Chaloner	MSEN	52.63%	00:40:44	52.63%												
	Gladstone Thompson	MV50	52.58%			02:07:13	52.58%										
	Andrew Taylor	MSEN	52.05%			01:54:38	52.05%										
	Nick Day	MSEN	52.05%			01:53:04	52.05%										
	Paddy Green	MV40	51.85%			01:59:26	51.85%										
	Jaimi Wallin	MSEN	51.77%	00:40:54	52.14%	01:53:36	51.39%										
	Jim Hopkins	MV40	51.49%			02:02:17	51.49%										
	Neil Mallon	MSEN	50.82%	00:40:22	54.70%	02:07:09	46.93%										
	Soong-Kong Au-Yeong	MSEN	50.42%	00:39:13	55.92%	02:12:08	44.92%										
	Joe Beaton	MV40	48.83%	00:45:54	48.83%												
	Rajasingham Sivakumaran	MV40	46.29%			02:18:20	46.29%										